



MONSTER MARTIAL ARTS

KIDS AND TEENS



	MON	TUE	WED	THUR	FRI	SAT
8.30 am						WRESTLING FOR BJJ (8-15yrs)
9.15 am						
11 am	HOMESCHOOL BJJ (6yrs +) Term by Term		HOMESCHOOL Kickboxing (6yrs +) Term by Term			
4pm	KIDS BJJ GI (6-10yrs)	KIDS Kickboxing (6-12yrs)	KIDS BJJ NO GI (6-10yrs)	KIDS Kickboxing (6-12yrs)	KIDS & TEENS Kickboxing (6-16yrs)	
4.45 pm	TEENS BJJ GI (10-15yrs)	TEENS Muay Thai (13-16yrs)	TEENS BJJ NO GI (10-15yrs)	TEENS Muay Thai (13-16yrs)	BJJ ALL LEVELS GI (8-15yrs)	
5.30 pm						
6.30 pm		MMA (14yrs+)		MMA (14yrs+)		